

EHC 26

20th European Headache Congress

Walls come down

9–12 Dec 2026

Berlin (DE)
and online

european
headache
federation



Call for Abstracts



*We look
forward to your
contribution!*

Professor
Uwe Reuter
Bonn | Berlin
(Germany)

Professor
Mark Braschinsky
Tartu
(Estonia)

Dear friends and colleagues,

Welcome to the vibrant city of Berlin for a special edition of the European Headache Congress (EHC26). In 2026, the EHC proudly celebrates its 20th anniversary, and we are delighted to mark this important milestone together with **YOU**. EHC26 will honour the spirit and achievements of previous congresses of the European Headache Federation, while offering its own distinctive and forward-looking perspective.

“Walls Come Down” is the guiding theme of this year’s congress, reflecting both Berlin’s remarkable history and our shared commitment to breaking barriers in headache research and clinical practice. The congress will open with groundbreaking and clinically meaningful research in a secondary headache disorder, setting the stage for a dynamic exchange of ideas across basic science and clinical research – enriched by real-world data and your own valuable clinical expertise.

Let us come together to celebrate EHC26. We warmly invite you to join us in Berlin from 9–12 December 2026 at hub27. It is our great honour and pleasure to welcome you.

Sincerely,
Uwe Reuter and Mark Braschinsky

BERLIN IS ...

SCIENCE AND EDUCATION
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MEANS GATEWAY TO THE WORLD
VIBRANT culture PARTY
MEANS BRIDGING NATIONS
INNOVATION
golden CLUBBING
WILD



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ABSTRACT TOPICS

Basic and Translational Science in Headache Pathophysiology

- Neurobiology and Neurophysiology (Human)
- Neurobiology and Neurophysiology (Non-Human)
- Neuroinflammation and Immunology
- Genetics and Epigenetics
- Biomarkers and Hormones (e.g. GLP-1)

Therapies in Migraine and Tension Type Headache

- Pharmacology and Mechanisms of Therapeutics
- Neuromodulation Techniques
- Early Clinical Trials Phase I
- Clinical Trials Phase II–III
- Clinical Trials Phase IV

Cluster Headache and TACs

- New Imaging Findings
- Pathophysiological Advances
- Therapies (Pharmacological and Non-Pharmacological)

Clinical Outcomes and Metrics

- Real-World Evidence Studies and Burden of Headache
- Patient-Reported Outcomes and Quality of Life Metrics
- Long-Term Outcomes of Preventive Treatments
- Evaluation of Non-Pharmacological Interventions (e.g., Mindfulness, Acupuncture)
- Assessment of Combination Therapies
- Prevention Strategies for Migraine and Headache Disorders

Advances in Clinical Headache Care

- Standardization of Diagnostic Criteria and Tools
- Integration of Patient-Reported Outcomes in Routine Practice
- Strategies for Reducing Delays in Diagnosis and Treatment
- Integration of AI in Diagnosis and Treatment
- APPs and Wearables

Equity and Special Populations

- Sex and Gender Differences in Headache Care
- Pediatric and Adolescent Headache Research
- Headache Care in Vulnerable Populations
- Children and CGRP

Secondary Headaches – Imaging, Pathophysiology and Therapy (Human)

- Medication Overuse (Headache)
- News on Red Flags
- CSF and Headache
- Management in the Emergency Department

Comorbidity-Focused Headache Research

- Comorbid Psychiatric Disorders (Depression, Anxiety, PTSD) and Headache
- Sleep Disorders and Headache
- Migraine and Cardiovascular Disorders
- Migraine and Obesity
- Chronic Overlapping Pain Conditions

Environmental & Lifestyle Determinants

- Planetary Health and Headache Disorders
- Light Exposure and Circadian Disruption
- Urbanization, Sensory Load and Workplace Related Headaches
- Nutrition Science and Dietary Triggers
- Caffeine: Risks, Benefits, Dependence
- Physical Activity and Exercise Biology
- Climate Change and Headache Triggers
- Air Pollution and Neuroinflammation

Others

Your headache research that doesn't fit any of the topics before.

**Submission Deadline:
28 June 2026**

*Don't miss your
chance to shape
the EHC26 experience!*

**~ 2700
Attendees**

**... from
all over the
Globe**

**> 500
ePoster**

Venue

hub27 Berlin (Germany)

Scientific organiser

European Headache Federation
ehf-headache.org

european
headache
federation

Need more information?

headache-congress@conventus.de

conventus
CONGRESSMANAGEMENT

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